

Laser Hair Reduction Pre and Post Treatment Guidelines

Sciton Forever Bare™ BBL® uses motion and static technology to deliver a low fluence in multiple pulses, protecting the skin while progressively raising the follicle temperature to the optimal level for hair removal. Forever Bare™ BBL® is safe for all skin types. Treatment intervals can range from 4-8 weeks depending on the area of the body being treated. It is recommended that a series of 6 sessions will get about an 85-90% hair reduction.

Pre-Treatment Guidelines:

- Avoid tanning, spray tanning, and self-tanners 4 weeks prior to procedure
- Avoid waxing, tweezing, threading, sugaring, and electrolysis throughout the treatment process as this disrupts the laser treatment. You may shave between sessions
- Wait 3-6 months post Accutane at the discretion of your provider
- Avoid treatment if you are pregnant or lactating
- Discontinue the use of prescriptions that contain Retin-A (tretinoin) 3-5 days prior to procedure
- The treatment area needs to be cleanshaven the day of treatment for best results
- Numbing can be prescribed and applied 30 minutes prior to treatment depending on surface area

Day of treatment:

- Apply the BLT numbing cream to clean skin with gloved hands:
- 45minutes-1 hour prior to leaving for your appointment apply the BLT
- 30 minutes after 1st application, apply a second layer of BLT cream to the treatment area. You will arrive very numb. **AVOID GETTING IN EYES AND MOUTH.**

Post Treatment Guidelines:

- Avoid direct sun exposure, spray tanning, and self-tanners for 24-48 hours post procedure
- Avoid deodorant, lotions, and perfumes 24 hours post procedure
- Avoid lakes, pools, hot tubs, saunas, and extreme physical activity for 24-48 hours
- Avoid rubbing, scrubbing, and exfoliation for 48 hours
- Common side effects include redness, follicular swelling, discomfort, itchy skin, dry skin, and a mild sunburn sensation for about 24-48 hours post procedure. If blistering occurs, apply Aquaphor Healing Ointment to the treatment area and notify us of skin discoloration
- Use a gentle cleanser, moisturizer, sunscreen and 1% Hydrocortisone cream 24-48 hours post procedure
- Paradoxical hair growth may occur but is rare. This occurs when the energy from the laser stimulates or “activates” inactive hair follicles. If this happens, it may appear as if an area has been skipped over. Do not be alarmed if this happens. It will respond to treatment during the removal process