

# THE STERN CENTER

FOR AESTHETICS

## Sciton MOXI® Laser

### Pre and Post Treatment Guidelines

Moxi delivers non-ablative laser energy (1927nm) to revitalize your skin by correcting the initial signs of sun damage and aging. Moxi delivers fractionated laser energy to create micro-coagulation zones which the body then repairs, replacing damaged cells with fresh new ones. Moxi is designed to provide tonal and textural improvements to your face with low downtime, resulting in skin renewal. Treatment may be done year-round and is safe for all skin types and skin conditions including melasma. There is little downtime with Moxi.

#### Pre-Treatment Guidelines:

- Avoid active tanning, spray tanning, self-tanners 2 weeks prior to procedure
- If you have a history of the HSV-1 virus, you will need a prescription prior to your appointment for an antiviral medication. Follow the instructions on the bottle as directed by your medical provider
- Wait 3 months post Accutane before procedure
- Avoid treatment if you are pregnant or lactating
- Discontinue the use of prescriptions that contain Retin-A (tretinoin) 3-5 days prior to procedure
- Depending on your skin type, and if we are treating you for sun-damage, it is beneficial to have you pretreat 2-4 weeks prior to treatment with a 4% Hydroquinone

#### Post Treatment Guidelines:

- Wear sunscreen with a zinc base and a 30 SPF or higher daily; avoid direct sun exposure
- Wait to apply makeup and sunscreen 24 hours post procedure
- Avoid direct sun exposure, self-tanners, and spray tanning 1 week post procedure
- Common side effects may include, redness, a mild sunburn sensation, dry skin, irritation, itching, and mild swelling. The skin will also feel and look like a sheet of sandpaper with mild specks of healing skin from the fractional laser treatment
- If swelling occurs, you may sleep at a 45-degree angle; take an OTC antihistamine such as Allegra or Benadryl
- Do not pick, scrub, scratch, or rub the brown spots off of your skin; keep skin hydrated and it will heal appropriately
- Use a mild cleanser and moisturizer recommended by your skin care professional
- Avoid lakes, hot tubs, saunas, hot showers, and extreme physical activity for 72 hours
- Avoid Retin-A or Tretinoin for one week post procedure
- Do not use any loofahs or harsh exfoliants for 2 weeks on the treated area